

# THE HOME EDIT

## Level 1: KITCHEN EDITION





# HOME IS WHERE THE HOPE IS.

---

A low-waste lifestyle reduces the amount of items and resources one consumes. Living a low-waste life is a process. It begins by using products you already have at home, buying pre-loved items, or swapping with friends and family.

**Ready to go on a mission to live a low-waste lifestyle? Here are Level 1 swaps that we can make in our Kitchen, Kitchen Sink, and Home Goods.**





# KITCHEN

Pre-packed dried herbs

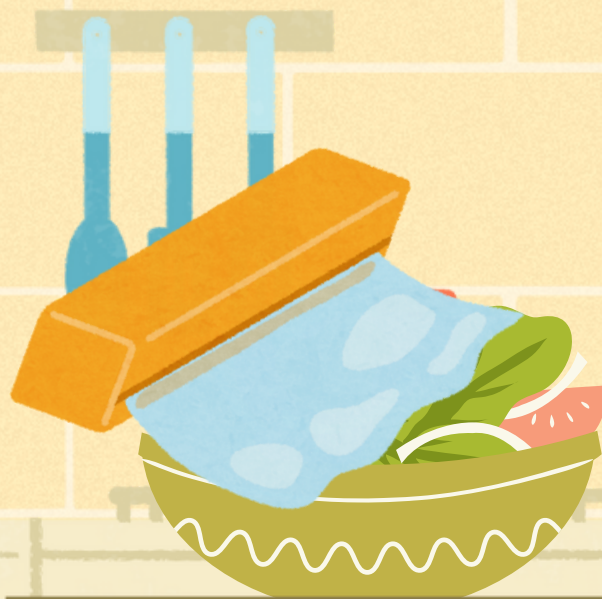


Pre-packed condiments

Ice in single-use plastic bags



Plastic cling wrap



Groceries in disposable bags

Meat and fresh produce in plastic

Street food





# EDITED: KITCHEN



Market refills  
for condiments  
or buy in bulk

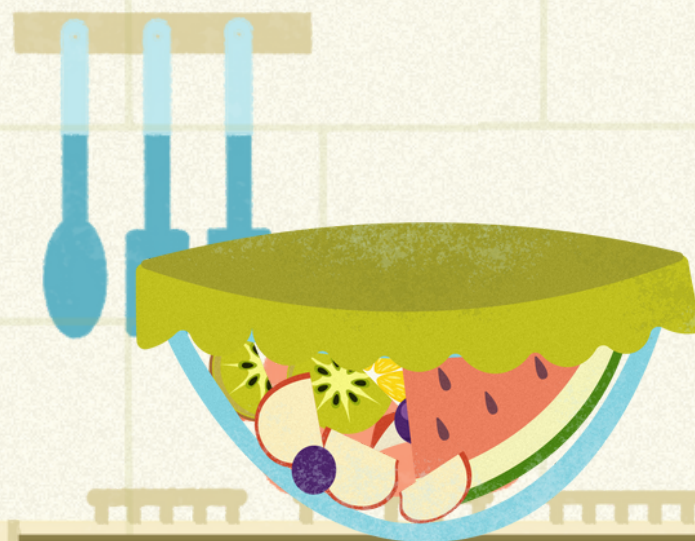


Plant your  
own herbs

Reusable ice trays



Reusable food wraps  
(silicone lids, cloth covers, or  
beeswax wrap)



Bring/use your  
own cup for  
takeout



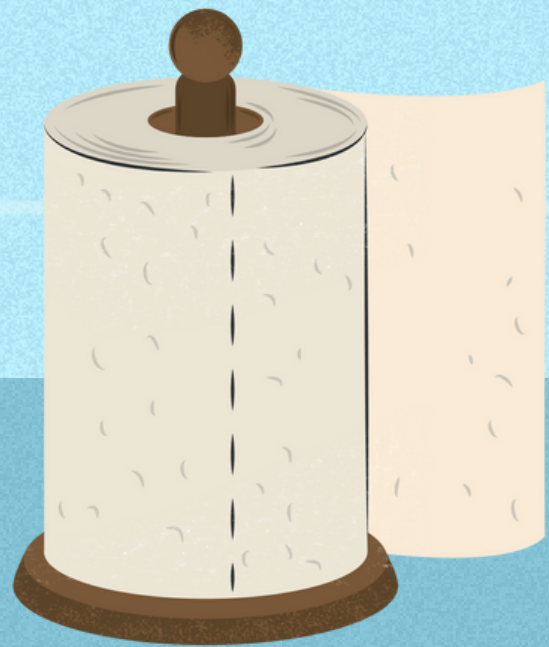
Reusable bags  
and containers  
for groceries





# KITCHEN SINK

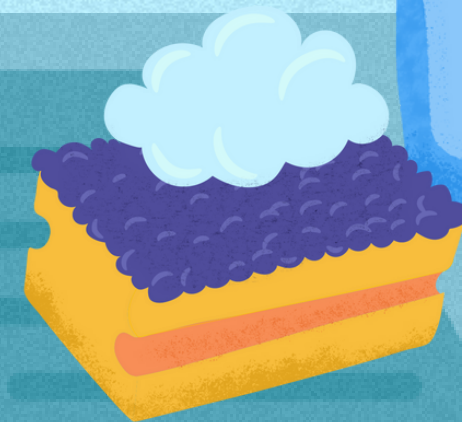
Paper towels



Packaged  
dishwashing  
soap



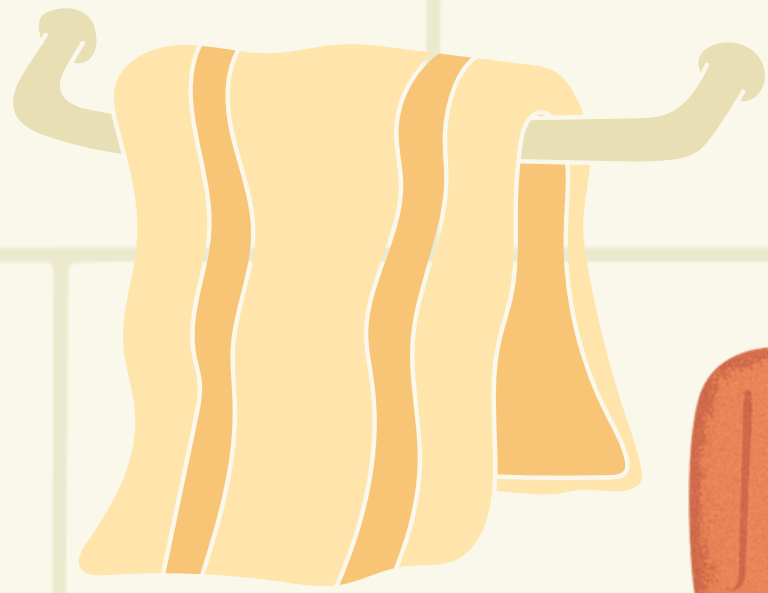
Disposable  
scrub pad





# EDITED: KITCHEN SINK

Cloth towels

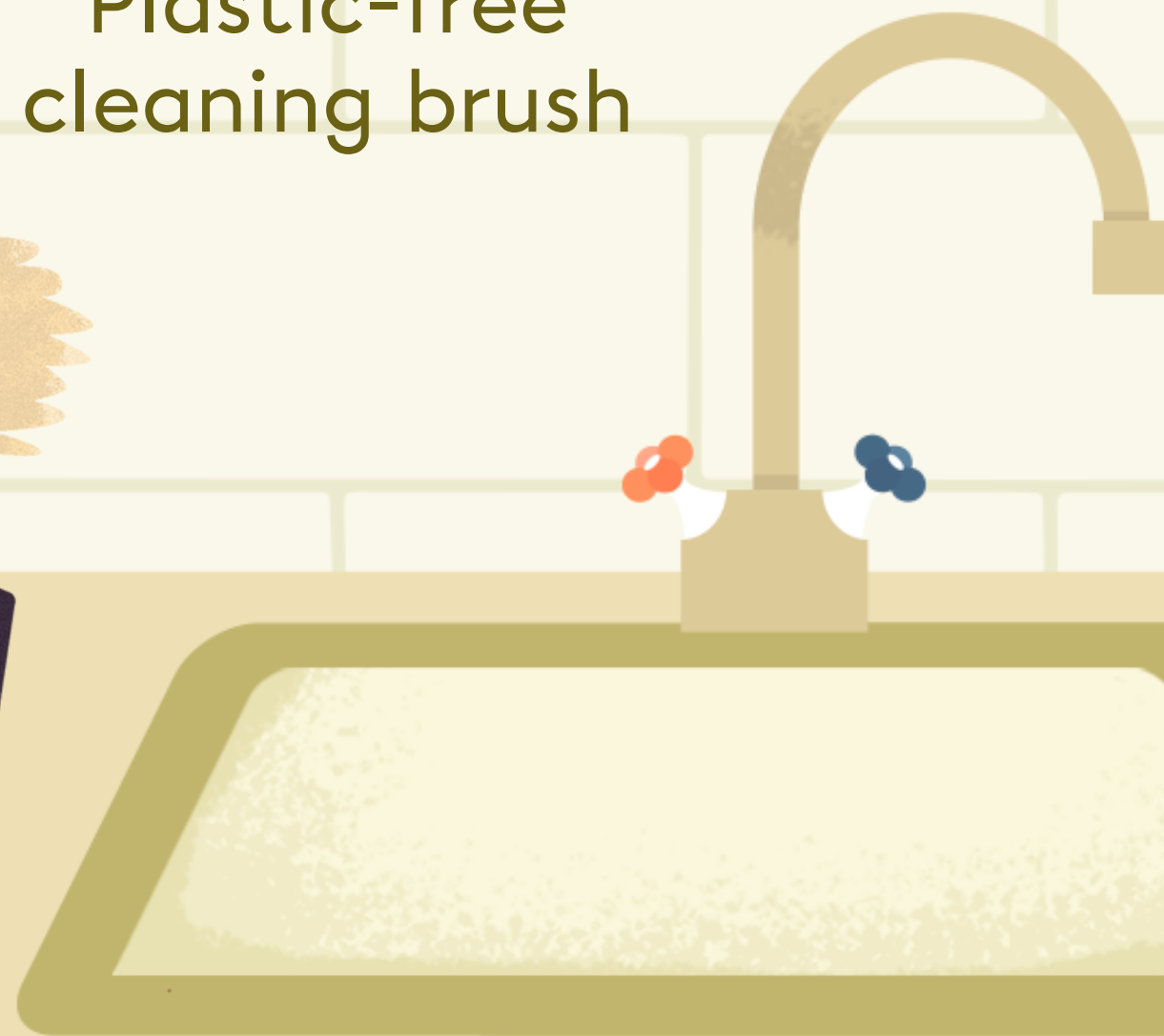


Plastic-free  
cleaning brush



Refillable  
dishwashing liquid

Package-free  
bar soap



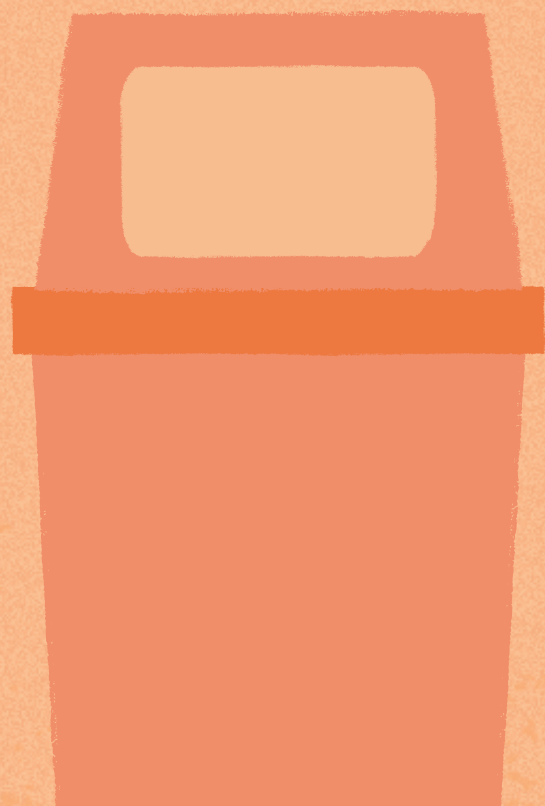


# HOME GOODS

Plastic broom



Trash bin with mixed waste



Disposable cleaning brushes



Aerosol air freshener



Multiple cleaning agents



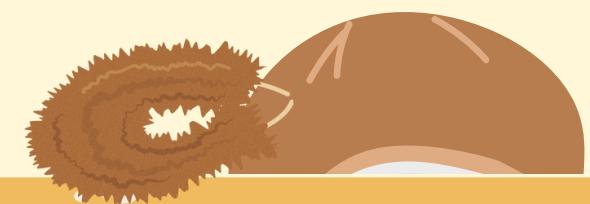


# EDITED: HOME GOODS

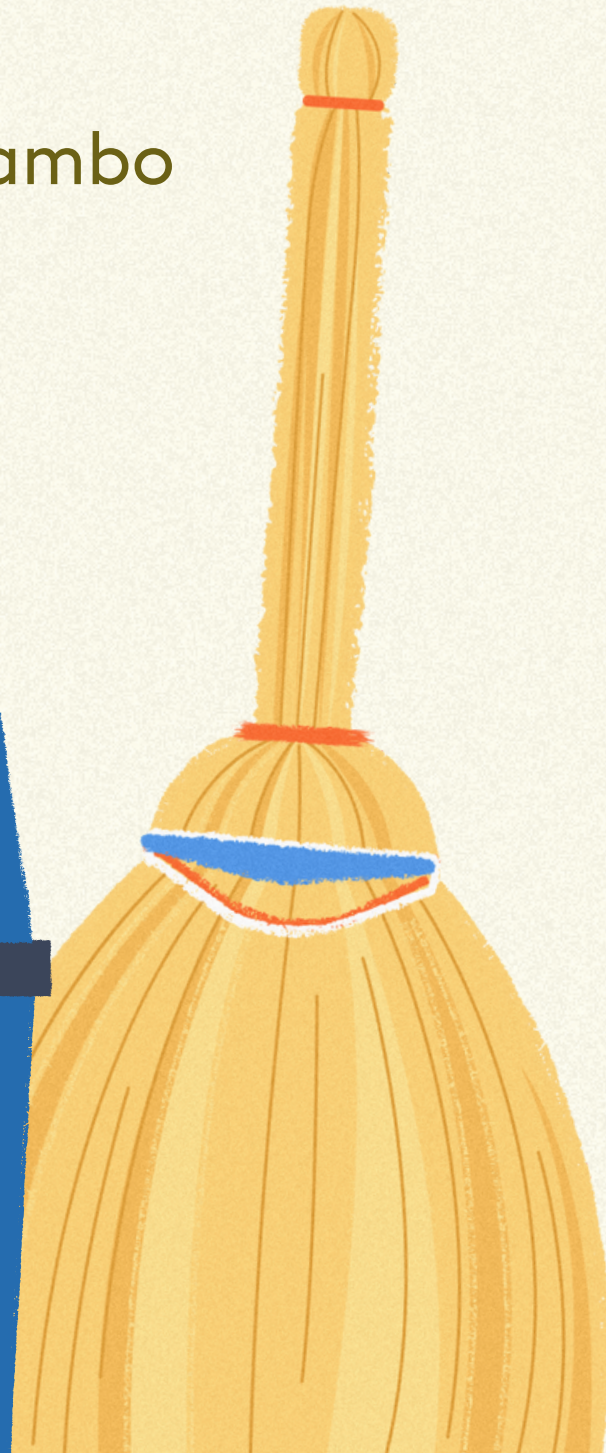
Concentrated cleaning pods



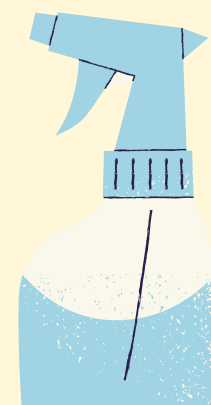
Upcycled coconut husk for cleaning



Walis tambo



Bins for segregated wastes



Multi-purpose cleaner using pantry staples (vinegar, baking soda)

Refillable/bulk size laundry detergent





# THE HOME EDIT

## Level 2: BATHROOM EDITION





# CHANGE BEGINS AT HOME.

---

From Level 1 swaps we can make in the kitchen, kitchen sink, and home goods, we move our mission to

## **Level 2: The Bathroom.**

For some, this is a bigger challenge because the bathroom holds items we use daily. Whatever you are able to commit to is already a step in the right direction.



# BATHROOM

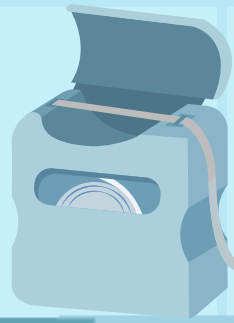
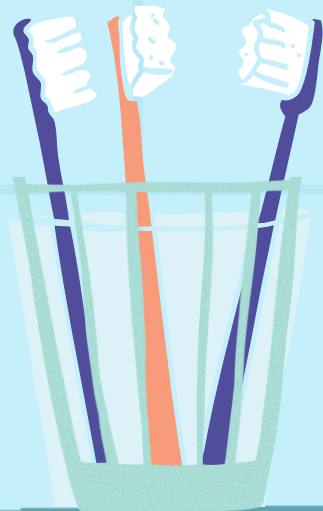


Skin care items in unrecyclable packaging



Single-use sheet masks

Plastic toothbrush



Disposable cotton Pads



Dental floss

Disposable sanitary napkins





# EDITED: BATHROOM

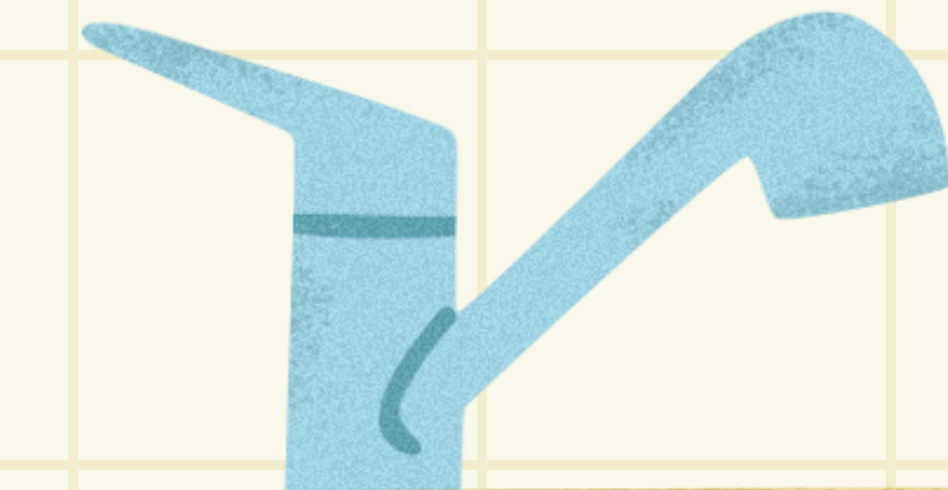


Skincare in reusable and recyclable packaging



Face masks in a tube or jar

Bamboo toothbrush



Reusable Cotton Pads



Refillable dental floss

Reusable sanitary pads and/or a menstrual cup



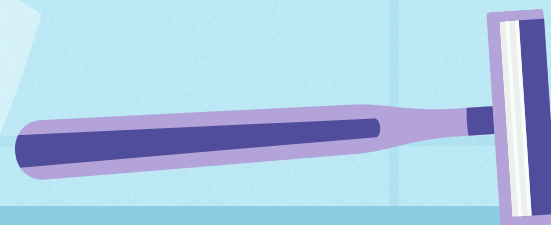


# SHOWER



Bottled hair  
and body  
products

Disposable  
razor



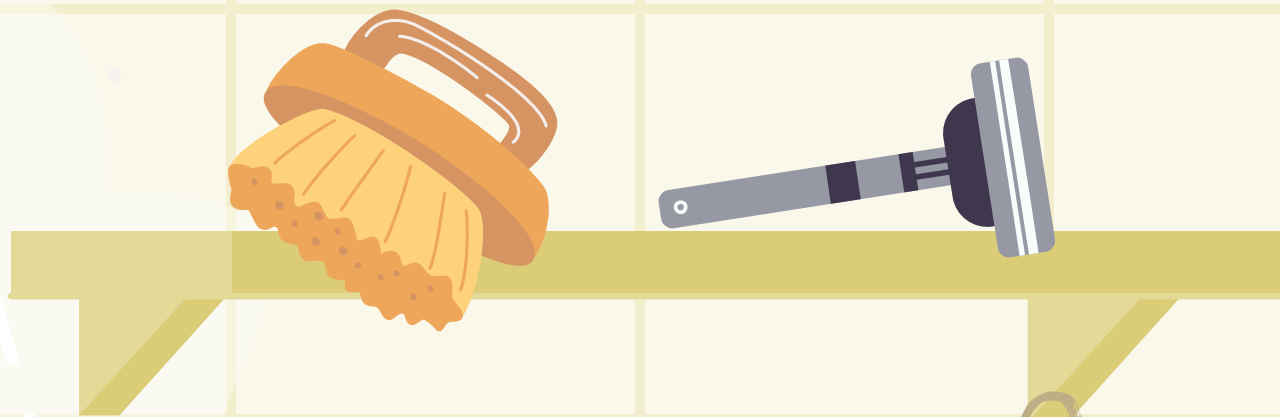
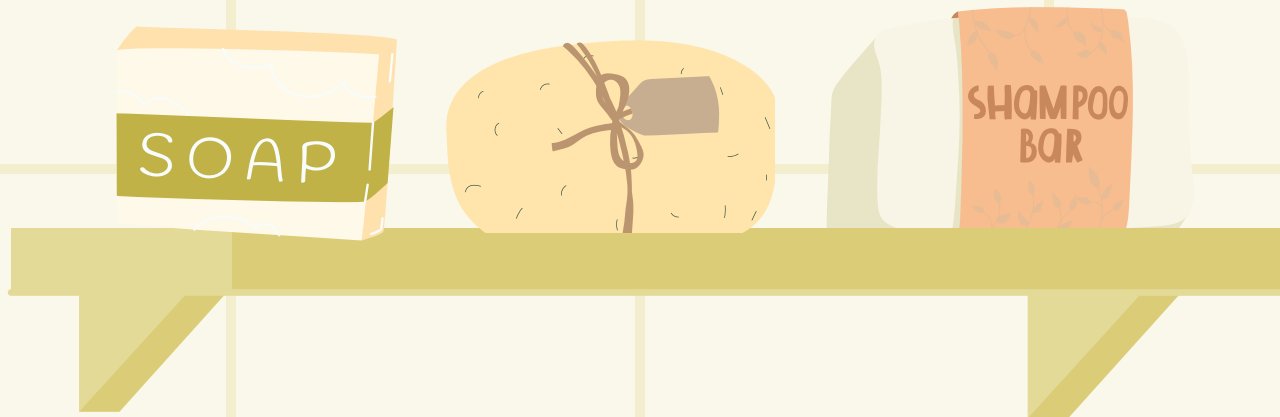
Disposable  
body scrub





# EDITED: SHOWER

Hair and body products  
in little to no packaging



Biodegradable  
loofah scrub or  
brush with  
natural fibers





# HOME IS WHERE THE HOPE IS.

---

A low-waste life begins by using and reusing products you already have. If you need to edit existing products, consider swapping with friends and family, buying second-hand, selling existing products, or sending old products to recycling centers.

**Here are simple swaps we can make at home!**





# CHANGE BEGINS AT HOME.

---

From swaps we can make in the kitchen and home goods, we move on to the bathroom, which often holds items we use daily. We suggest edits you can make at your bathroom counter and shower.

Intimidated? Remember that lifestyle changes will always depend on your current context and resources. Whatever you are able to commit to is already a step in the right direction.